



## Foothills Health District (FHD)



September 29, 2020

Today's update will reflect 48 additional Rutherford County residents that have tested positive for novel Coronavirus (COVID-19).

This brings the total number of positives to 1252, with 153 total active cases, 19 hospitalizations, and 34 deaths.

“Over the weekend we saw a large increase in our positive cases. Based on trends, exposure and incubation time we believe the increase may be results from the Labor Day weekend. Community transmission continues to be widespread. In addition, transmission is high within large group gatherings, where face coverings, and other precautions were not taken. Please continue to be mindful of these large gatherings, inside or out, and always be vigilant in wearing your face covering, social distancing, and washing your hands. If you do test positive for COVID-19, stay at home for the full 10 days in order to not pass the virus to others. These steps are critical to keeping our positive numbers down.” stated Public Health Director Karen Powell.

Today's numbers also include current data from 4 outbreaks in 4 different congregate living facilities within Rutherford County. The Rutherford County Health Department and Emergency Management are continuing to work with these facilities to contain the outbreaks and provide support where it is needed. Data concerning these outbreaks can be seen by visiting the following link: <https://files.nc.gov/covid/documents/dashboard/Weekly-COVID19-Ongoing-Outbreaks.pdf>. Please keep in mind that this report from NCDHHS will update every Tuesday and Friday at 4 p.m.

For those unable to access this link, the current data for each outbreak is as follows:  
The outbreak at Accordius Health at Rutherford has a current total of 4 cases, with 4 being staff and 0 being residents. There have been 0 COVID-19 related deaths from the outbreak at this facility. The outbreak at Fair Haven of Forest City has a current total of 12 cases, with 5 being staff and 7 being residents. There have been 0 COVID-19 related deaths from the outbreak at this facility. The outbreak at Oak Grove Healthcare Center has a current total of 30 cases, with 9 being staff and 21 being residents. There have been 1 COVID-19 related deaths from the outbreak at this facility. The outbreak at Willow Ridge Rehabilitation and Living Center has a current total of 85 cases, with 23 being staff and 62 being residents. There have been 7 COVID-19 related deaths from the outbreak at this facility.

The Rutherford County Health Department will continue to provide updates on the status of these outbreaks as they are available. The Foothills Health District is also continuing efforts in contact tracing any positives and close contacts of positives within the community. If an individual would like to be tested, they can call the medical screening hotline at (828) 289-1185. The operator will ask a list of questions and will provide the caller with the appropriate instructions based upon the answers given. The hours of operation for this hotline are 8:30AM – 5PM, Mon. - Fri. If you are having a medical emergency, call 9-1-1 and inform the dispatcher that you have symptoms of COVID-19.

*For additional information about Foothills Health District or other community resources and health related data, please call our offices, Rutherford Co. (828) 287-6100, McDowell (828) 652-6811, or visit our website at <http://www.foothillshd.org/>*

---

BUSINESS OFFICE  
221 Callahan Koon Rd.  
Spindale, NC 28160  
(828) 287-6100  
(828) 287-6059 Fax

RUTHERFORD CO. HEALTH DEPT.  
221 Callahan Koon Rd.  
Spindale, NC 28160  
(828) 287-6100  
(828) 287-6059 Fax

MCDOWELL CO. HEALTH DEPT  
408 Spaulding Rd.  
Marion, NC 28752  
(828) 652-6811  
(828) 652-9373 Fax